

ABOUT FARNHAM FAMILY SERVICES

Farnham is a NYS licensed, private, not-for profit organization that helps people with substance use and behavioral health disorders, providing high quality, recovery oriented outpatient treatment and prevention services that are available to all residents of Oswego and surrounding counties.

All services are licensed by the Office of Addiction Services and Supports. Farnham Family Service's professional staff is comprised of skilled licensed and credentialed therapists. Telehealth and remote services available as needed.

Farnham has proudly provided services to the Oswego County community since 1971. Our treatment clinics and offices are conveniently located in Oswego, Fulton, Mexico, and Pulaski. Our agency strictly conforms to Federal Confidentiality Laws, New York State Confidentiality Laws, HIPAA and professional standards.

Fees: Farnham accepts most insurances and Medicaid. Farnham has a Sliding Fee Scale Discount Program that is based on Income and Family Size. We never refuse treatment to anyone due to an inability to pay. Once admitted we will assist anyone in obtaining Insurance/ Medicaid coverage or assist in setting up a payment plan based on a sliding scale of anyone eligible.

* Health Insurance Portability and Accountability Act.

COALITION TO COMBAT ADOLESCENT SUBSTANCE ABUSE IN OSWEGO COUNTY

The mission of the Coalition is to increase protective factors and decrease risk factors as we address adolescence substance abuse in Oswego County.

Our Coalition is comprised of parents, youth, law enforcement, religious leaders, health providers, community activists and others who are mobilizing at the local level to make our communities safer, healthier and drug-free.

Contact us to join or for more information!
oswegocountyasapc@gmail.com

OUR AGENCY PHILOSOPHY

Farnham Family Services, upholds the highest degree of professionalism promoting a caring atmosphere to those who are adversely affected by alcohol and other drugs.

MISSION STATEMENT

Farnham Family Services works with community partners to promote health, focusing on addictive behaviors, through training, prevention, treatment and recovery supports.



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Tel:315-593-0796 Fax:315-593-6122

111 Hamilton St., Mexico, NY 13114
Tel: 315-963-0777 Fax: 315-963-0611

13 Chapel Street, Auburn, NY 13021
Tel: 315-702-8460 Fax: 315-282-7226

www.farnhaminc.org

FUNDING SOURCES:

Office of Addiction Services and Supports
United Way of Greater Oswego County
Oswego County Youth Bureau
Oswego Mental Health, Oswego County



PREVENTION COUNSELING

Prevention counseling services provides a short-term, solution-focused approach that is designed to improve the youth and family risk and protective factors resulting in reduced substance use, problem gambling, and the negative consequences of such behaviors.

TEEN INTERVENE:

Teen Intervene is a brief intervention 3-session individual therapy model for use with teenagers (12-19 years old) who are suspected of experiencing mild or moderate problems associated with alcohol or other drug use.

PREVENTION GROUPS:

Evidence and non-evidence based groups for youth 5-18 years of age are provided. These groups provide education about substance use, wellness, healthy habits, social emotional learning, emotional regulation, coping skills, etc.

FAMILY SUPPORT AND EDUCATION:

Triple P-Positive Parenting Program:

The program introduces parents to the skills they need to build strong family relationships, manage misbehavior and prevent problems happening in the first place.

Strengthening Families Program:

Parents and children participate in 10 sessions. Parents learn the skills of bonding, boundaries, and monitoring to help them develop happy relationships and keep their children alcohol and drug free.

Parenting Inside Out:

This program is for parents that have recently been involved in the criminal justice system. It is a 12-session program that addresses the unique challenges that face criminal-justice-involved parents and their children.

TRAINING INSTITUTE

The Training Institute provides Peer Foundational training required to sit for the International Certification & Reciprocity Consortium (IC&RC) Certified Recovery Peer Advocate credential. Also provided is the CASAC core 350 hours of training needed to become a Credentialed Alcohol and Substance Abuse Counselor. Additionally, the Training Institute provides recertifying CEU's for CASAC, CRPA, CPP and CPS. Farnham is proud to be identified as a Best Practice Training Organization through FOR-NY.

For current course offerings go to
www.farnhaminc.org/traininginstitute



OUTPATIENT TREATMENT SERVICES

Farnham Family Services provides recovery oriented, strengths based treatment services. A person centered philosophy provides the individualized approach identified as a best practice in addiction treatment.

SERVICES AVAILABLE INCLUDE:

- Comprehensive assessments and evaluations for drugs/ alcohol includes: medical assessment and psychosocial evaluation with individualized recommendations for treatment
- Individualized Counseling
- Evolving group options to suit your individualized needs:
 - Mindfulness-Based Relapse Prevention (MBRP)
 - DBT
 - Expressive Arts
 - Good Lives Model
 - 7 Challenges
 - Dual Focus
 - Women's Group
 - Continuing Care, and more!
- Services for any individual affected by another's chemical or alcohol use
- Care Management: facilitate referrals with other levels or types of medical care
- Case management: via long standing collaborations to support clients in other life areas (transportation, housing, physical health, vocational etc)
- Peer services provided by Credentialed Peer Advocates
- Vocational services and supports provided

MEDICATION ASSISTED TREATMENT (MAT)

Farnham Family Services opened Oswego County's first Opioid Treatment Program (OTP) to combat the heroin epidemic in 2017 and in 2022 opened a second OTP in Mexico. Farnham's OTPs provides residents of Oswego and neighboring counties a potentially life-saving opportunity and has a positive impact on the greater Oswego community.

Farnham's OTPs offer medication assisted recovery services to individuals with opioid use disorder.

- Medications, when taken as prescribed, will allow the individual to discontinue use of heroin and illicit opiates with diminished or alleviated symptoms of withdrawal, reduced or alleviated cravings and can provide a blockade effect if other opiates were to be used.
- The patient does not get "high" when taking the medications properly.
- Three medications for treating opioid use disorder are methadone, buprenorphine and naltrexone.
- The program offers patients crucial wrap around services by a competent and caring multidisciplinary treatment team including a physician, registered nurses, Master's Level therapists, support staff and more.
- Services offered include but are not limited to individual counseling, group therapy, physicals, family involvement, case management, peer and vocational services and referrals to other services as needed.

Farnham Family Services also offers Suboxone in the outpatient clinic. Suboxone contains a combination of buprenorphine and naloxone. Buprenorphine is an opioid medication, sometimes called a narcotic. Naloxone blocks the effects of opioid medication, including pain relief or feelings of well-being that can lead to opioid abuse.

- Clients must be admitted in to the outpatient clinic to receive services.