

Farnham Family Services
Training Institute

Training
Catalog

2024



Farnham Family Services

TRAINING INSTITUTE

About Us

Welcome to the Farnham Family Services Training Institute, where excellence meets education. Since 2017, we have been at the forefront of providing top-notch courses designed to enhance the skills of professionals in the Substance Use Counseling field. Our commitment to delivering quality education extends to Peer professionals, individuals entering Certified Recovery Advocacy, Prevention professionals, and other human service providers.

Courses Tailored for All Levels

Our courses are meticulously crafted to cater to individuals at all levels of experience. Whether you are a seasoned professional seeking advanced insights or a newcomer eager to build foundational knowledge, our offerings are designed with your unique needs in mind.

Comprehensive Expertise

Explore a comprehensive range of courses covering Substance Use Counseling, Certified Recovery Advocacy, Prevention, and other essential areas in human services. Our expertly curated curriculum ensures that you receive the most relevant and up-to-date information.

Certifications

- OASAS Certified: We are proud to be a certified training program through the New York State Office of Addiction Services and Supports (OASAS).
- NYCB Registered Trainers: Our team includes trainers registered with the New York State Certification Board (NYCB), assuring you of the highest quality instruction.

Community Access

All our training sessions are open to the community. Choose the setting that best suits your needs:

- On-Site: Join us at our dedicated facility for an immersive learning experience.
- Your Location: We can bring the training to your site for added convenience.
- Virtual Learning: Most of our courses are available virtually, providing flexibility for your busy schedule.

Join Us on the Journey to Excellence

Whether you're looking to deepen your expertise or embark on a new career path, the Farnham Family Services Training Institute is your dedicated partner in professional growth.



TRAINING INSTRUCTORS



ALAN FRANCIS

Prevention Services Director
MS, CASAC - MC



CANDY HERBERT

Co-Executive Director
Director of Operations
Corporate Compliance Officer
MS, LMSW, CASAC-MC, CPP



MEGAN WALRADTH

Training Institute Coordinator
MA, CPP



COURSE DESCRIPTIONS

CASAC INITIAL TRAINING

Farnham Family Services is an approved OASAS training provider for the delivery of the Credentialed Alcohol and Substance Abuse Counselor 350-hour initial certification program.

The CASAC is intended for individuals who provide or hope to provide direct clinical care services and substance use disorder counseling, including diagnostic assessment; evaluation; intervention; referral; and substance use disorder counseling in both individual and group settings. If you are unsure if this is the program for you, please contact us to discuss the best options.

Cost: \$5,250.00 (scholarships and payment plans available)

The program will meet every Tuesday and Thursday from 4PM-7PM via zoom. Below is the current training schedule for the Initial Certificate program. (subject to change)

- Section 3 (70 hours) - January 9, 2024 - March 28, 2024
- Section 1 (85 hours) - May 2024 - August 2024
- Section 4 (45 hours) - October 2024 - November 2024
- Section 2 (150 hours) - January 2025 - April 2025

PEER FOUNDATIONAL TRAINING

This 50-hour course offers the five required modules and meets the training/certification requirements of the NYCB for the Certified Recovery Peer Advocate credentialing.

This course will cover: 10 hours of advocacy, 10 hours of mentoring and education, 10 hours of recovery and wellness supports 16 hours of ethics, 4 hours of Medication Supported Recovery.

At the end of this course, participants will be eligible to apply for the provisional CRPA status (CRPA-P) and sit for the NYCB/IC&RC Peer Recovery Exam.

Cost: \$500.00 (scholarships and payment plans available)

This program meets in the evenings 4PM-7PM - 2 days a week.

- Cohort A - April - May
- Cohort B - August - Septemeber

**FOR MORE INFORMATION ON CASAC OR PEER FOUNDATIONS
EMAIL - MWALRADTH@FARNHAMINC.ORG**

INDIVIDUAL COURSE

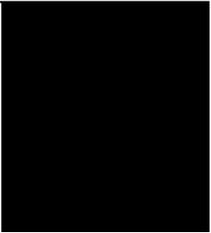
At the Farnham Family Services Training Institute, we understand that your professional journey is unique, and your learning needs may vary. That's why we offer Individual Courses - specialized, standalone sessions designed to provide targeted knowledge and skills in specific areas of interest

Courses may be approved for continuing education hours, please contact for specifics

COSTS VARY BY COURSE AND MAY NOT BE LISTED IN
THIS CATALOG



INDIVIDUAL COURSE DESCRIPTIONS



MENTAL HEALTH FIRST AID (YOUTH)

The course trains students to help youth who may be experiencing a mental health problem or crisis.

You will learn:

- how to identify, understand and respond to signs of mental illnesses and substance use disorders.
- gives you the skills to reach out and provide initial help and support who may be developing a mental health or substance use problem or experience a crisis.

Approved For: 6 CEU CASAC, CPP/CPS

TRAUMA 101 (PEER PROFESSIONAL)

COST- \$90

Approved For: 6 CEU CRPA

This one-day training provides participants with foundational knowledge about how psychological trauma and adversity may impact the health and well-being of individuals within the OASAS system of care. Participants will also learn and identify how they can use trauma-informed approaches in their roles with patients/clients/students and the workforce to reduce the potential of re-traumatization. This training is appropriate for the peer professional.

After completing this course, participants will be able to:

- Explain trauma and adversity and how they impact individuals Understand the relationship between trauma and substance use Recognize the impact of trauma on the workforce
 - Recognize the potential for re-traumatization within recovery settings Identify specific trauma-informed values/principles and approaches
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INDIVIDUAL COURSE DESCRIPTIONS

TRAUMA 101 (TREATMENT & PREVENTION PROVIDERS)

COST- \$90

Approved For: 6 CEU CASAC, CPP/CPS

This one-day training provides participants with foundational knowledge about how psychological trauma and adversity may impact the health and well-being of individuals within the OASAS system of care. Participants will also learn and identify how they can use trauma-informed approaches in their roles with patients/clients/students and the workforce to reduce the potential of re-traumatization. This training is appropriate for any treatment or prevention professional.

After completing this course, participants will be able to:

- Explain trauma and adversity and how they impact individuals Understand the relationship between trauma and substance use Recognize the impact of trauma on the workforce
- Recognize the potential for re-traumatization within recovery settings Identify specific trauma-informed values/principles and approaches

TEEN INTERVENE

COST- \$90

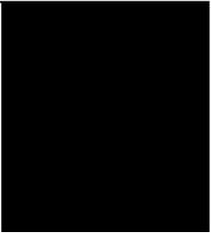
APPROVED FOR: 6 CEU CPP/CPS & CASAC.

The goal of this training is to provide an introduction to the Teen Intervene SBIRT model for use in their programming. Additionally trainees will gain an understanding of the model and how to implement it in assessing youth for substance and tobacco use as well as gambling abuse.

Participants will learn and understand:

- the background and basic tools of the Brief Intervention the components of the 3-session Teen Intervene
- the components of Tobacco and Gambling sessions

INDIVIDUAL COURSE DESCRIPTIONS



SCIENCE OF ADDICTION AND RECOVERY (SOAR)

COST- \$90

APPROVED FOR: 6.5 CEU CRPA

Peer service providers learn how to explain addiction and recovery as brain conditions that, very much like other chronic health conditions, require daily and sustained engagement. This training provides individuals with a better understanding the science behind addiction and recovery. While experience changes beliefs, the facts about how substances dramatically affect the brain are a key component in helping the public understand the recovery process.

ORGANIZATIONAL WELLNESS

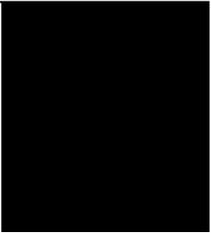
COST- \$90

Approved For: 6.5 CEU CRPA

What comprises a healthy organization? An organization filled with leaders, staff, and volunteers who are engaged, satisfied, productive, and effective. Healthy cultures reduce workplace conflict, turnover, and burnout. In the past, the focus has been on treating individual wellness needs without considering the workplace environment. If the organization is unhealthy, the individual will struggle to maintain personal wellness. We need to treat both the trees and the forest with equal veracity.

This training provides organizational leaders with research-based assessments and tools to enable a desirable culture for productivity and sustainability.

INDIVIDUAL COURSE DESCRIPTIONS



TRAUMA RESPONSIVE & RESILIENCE INFORMED CARE TRAINING

8 HOUR TRAINING

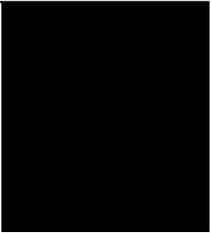
The Trauma Responsive and Resilience Informed Care Training provides foundational knowledge on the effects of toxic stress, trauma, and adversity on health and well-being. In addition, this training explores the interconnectedness of racism and trauma. Understanding that racism is trauma and should be treated as such in any trauma-responsive care framework is a key component. This training serves as a standard approach and increases the capacity of individuals and organizations to promote trauma-responsive, equity-based practices that are sustainable and support holistic health across New York.

RECOVERY: THE BASICS

6 HOUR TRAINING

This comprehensive overview transcends conventional learning, delving deep into the fundamental principles that shape the recovery landscape. Explore the intricacies and nuances that define the philosophy of recovery. We go beyond the surface, unraveling the layers that make recovery a transformative process. Gain insights into the underlying principles that guide individuals on their journey towards wellness and resilience. Step into the realm of Recovery Support Services and witness the transformative impact they bring to the recovery journey. Understand the integral role of RSS in providing essential support, fostering community, and paving the way for sustained recovery. Uncover the value that these services contribute to the holistic well-being of individuals navigating the path to recovery. This immersive experience is designed to provide you with a comprehensive understanding of recovery, from its foundational philosophy to the practical implementation of support services and the impactful contributions of Peer Professionals. Join us on this journey of knowledge and empowerment.

INDIVIDUAL COURSE DESCRIPTIONS



SIGNS AND SYMPTOMS OF ADOLESCENTS SUBSTANCE USE **HOURS VARY**

Are you equipped to identify the signs and symptoms of substance use in your teens? In this enlightening course, we guide you through the crucial skill of recognizing early indicators, empowering you to foster a safe and supportive environment for the well-being of the youth in your care. Course will cover most commonly used substances by youth as well as local and national statistics risk and protective factors for substance use.

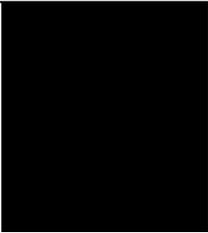
SOCIAL DETERMINANTS OF HEALTH **3 HOUR TRAINING**

In this engaging session, discover the intricate web of factors that shape health outcomes and influence the substance use field. Gain insights into what constitutes these determinants and unravel the profound impact they have on individuals and communities. Delve into the compelling narrative of why understanding and addressing social determinants is paramount in the context of substance use. This course goes beyond the surface, providing a deeper understanding of the interconnected factors that play a pivotal role in shaping health outcomes in the substance use field. Enrich your knowledge and elevate your approach to promoting holistic well-being.

COMMUNITY ASSET MAPPING **2 HOUR TRAINING**

Explore the wealth of resources within your community and discover how to effectively identify and harness them to catalyze positive change. In this enlightening session, delve into the art of community asset mapping, gaining valuable insights into recognizing the strengths present in your surroundings. Acquire the skills needed to not only identify existing resources but also to strategically leverage them for impactful change. Join us on this learning journey and unlock the potential of community assets, empowering yourself to be a catalyst for positive transformation.

INDIVIDUAL COURSE DESCRIPTIONS



ETHICS FOR PREVENTION PROFESSIONALS

7 HOUR TRAINING

A comprehensive exploration of the six principles encapsulated in the Prevention Code of Ethics, brought to life through practical and realistic examples meticulously designed to deepen participant comprehension. This course goes beyond theoretical frameworks, providing a tangible understanding of ethical principles in action. Additionally, participants will be introduced to a structured decision-making process, equipping practitioners with the tools to apply the code effectively when confronted with diverse ethical dilemmas.

HARM REDUCTION 101

3 HOUR TRAINING

Discover the transformative approach of Harm Reduction, a philosophy that meets individuals "where they are" with compassion and respect. Join us in this enlightening session to delve into the principles of Harm Reduction and learn how to integrate them into both your professional endeavors and personal life. Gain valuable insights into fostering a culture of kindness and understanding, recognizing the importance of acknowledging individuals at their current point in their journey. This course empowers participants to apply Harm Reduction principles, creating a supportive environment that promotes well-being and inclusivity. Embrace a mindset that values every individual's unique path, cultivating positive change both in your work and daily interactions.

SCREENING, BRIEF INTERVENTION, REFERRAL TO TREATMENT

12 HOUR TRAINING

Screening, Brief Intervention and Referral to Treatment (SBIRT) is an evidence-based approach to identify individuals who use alcohol and other drugs (substances) at risky levels. SBIRT has been shown to be valid and reliable in identifying and improving outcomes for people who use substances. The goal of SBIRT is to prevent or reduce use of substances to prevent related health consequences, disease, accidents and injuries through an early intervention approach.



CUSTOMIZED TRAININGS

If you don't find the exact training you're looking for on our list, fear not! We're more than happy to tailor and develop training sessions to meet your specific needs.

PRICE VARIES

for more information on
customized trainings
email - mwalradth@farnhaminc.org

For more information on any training
please contact
Megan Walradth
Training Coordinator
at
MWalradth@Farnhaminc.org



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